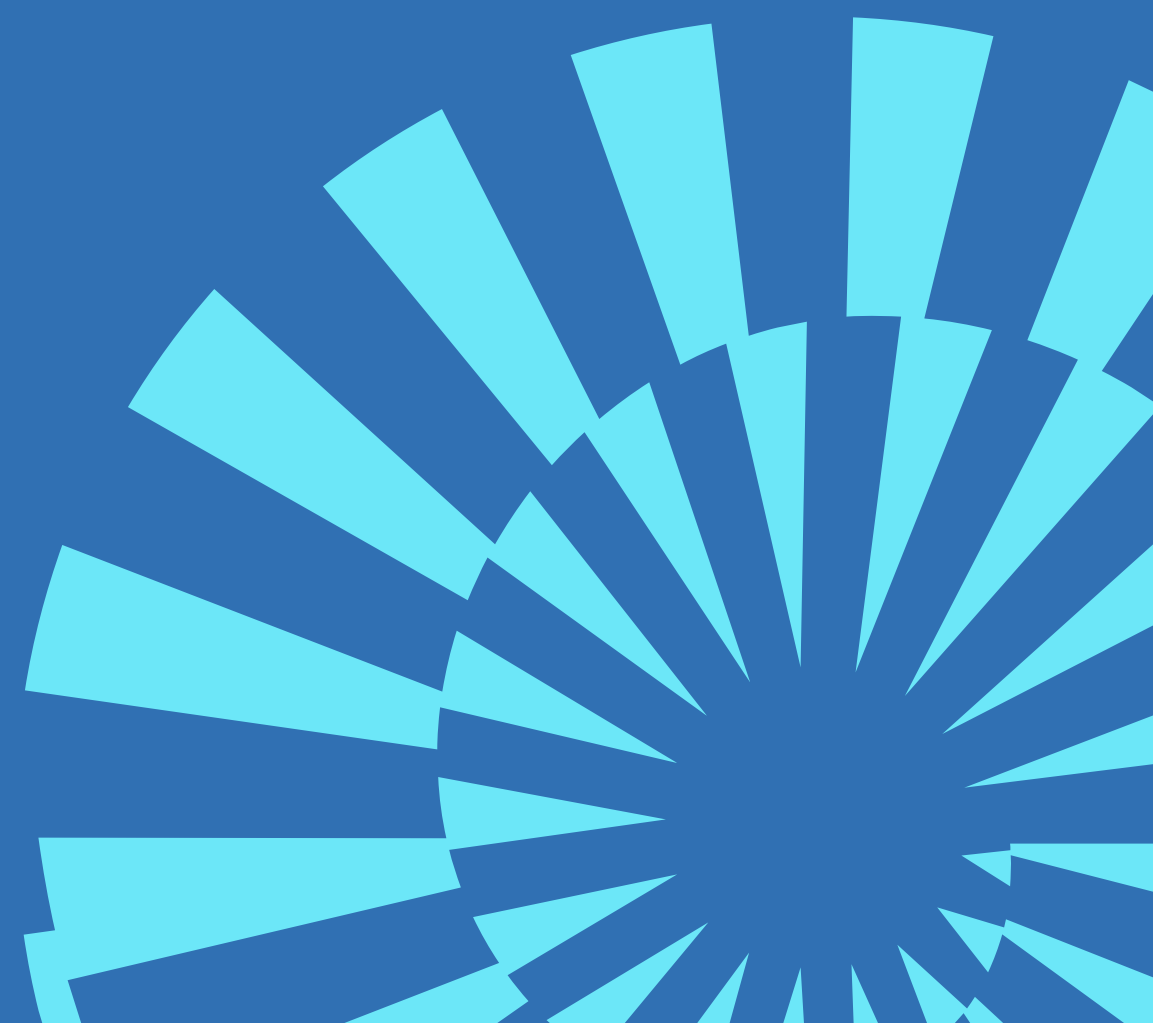




ZHS
Zentraler
Hochschulsport
München

ZENTRALER HOCHSCHULSPORT MÜNCHEN (ZHS)

Sophia Neuwirth, Tobias Borucker, Ana Florea
Connollystraße 32, 80809 München





ZHS KEEPS YOU FIT!

Why ZHS?





ZHS KEEPS YOU SOCIAL

Why ZHS?





ZHS KEEPS YOU IN THE NATURE

Why ZHS?





Martial arts, trend- and recreational sports



Wintersports



Watersports



Mountainsports and climbing



Ball- and playsports



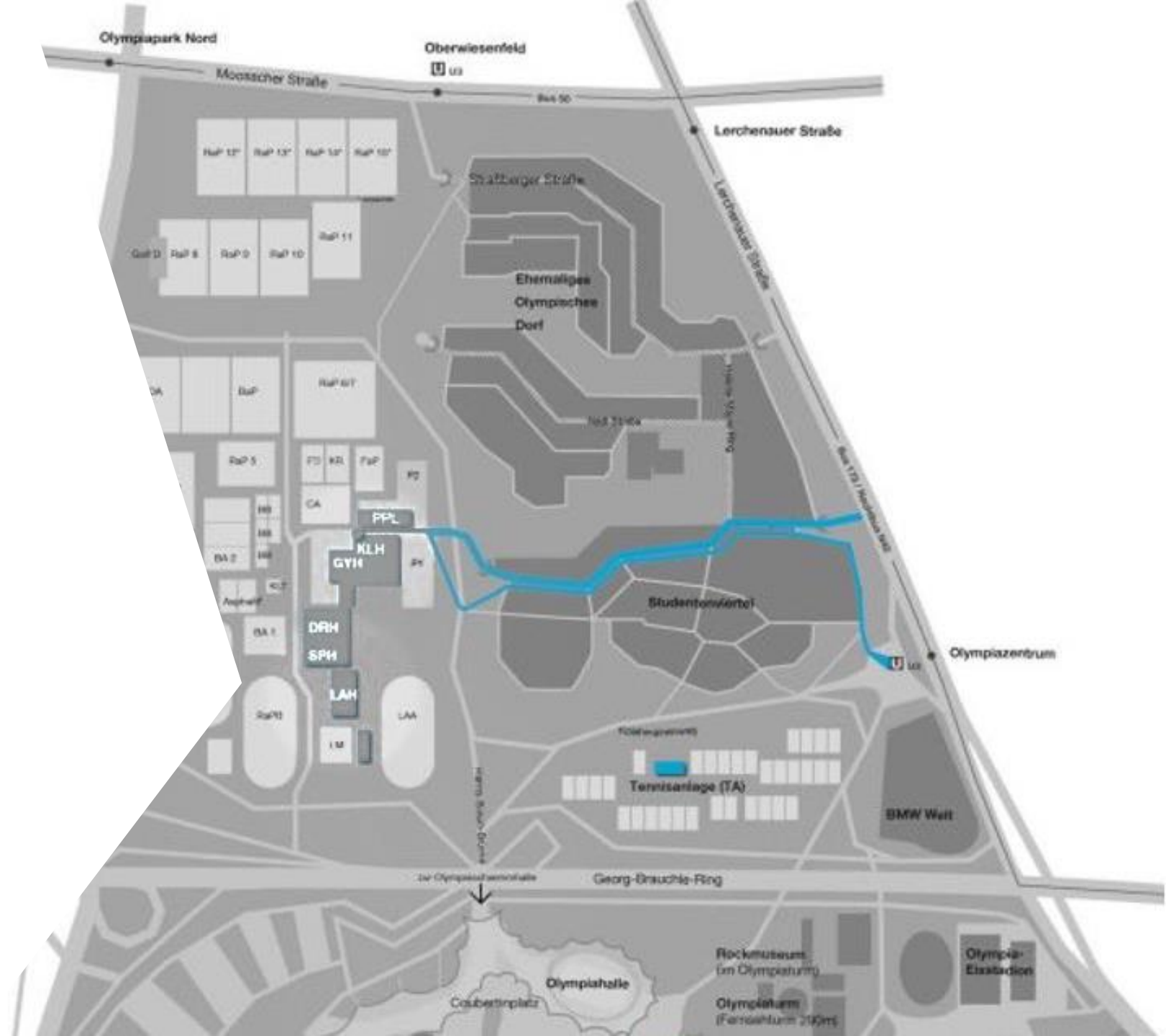
Fitness and healthsports

WHERE TO FIND US

Most courses take place at the Campus in the Olympic park:

Subway station: **Olympiazentrum**

TUM Campus im Olympiapark
Connollystr. 32, 80809 München



OLYMPIC GAMES 1972



Facilities:



- Olympia parc
- Olympic swimming hall
- Beach- and tennis courts



1.

LOCATIONS

1. Olympiapark Campus

11 sports halls
15 football fields
an indoor and outdoor climbing and bouldering facility
beach and tennis complex with 13 beach volleyball courts and 21 tennis courts.
Olympic Swimming Hall.

2.

2. Freising, Triesdorf and Landshut

sports halls
Dance and gymnastics halls
Beachvolleycourts
football fields

3.

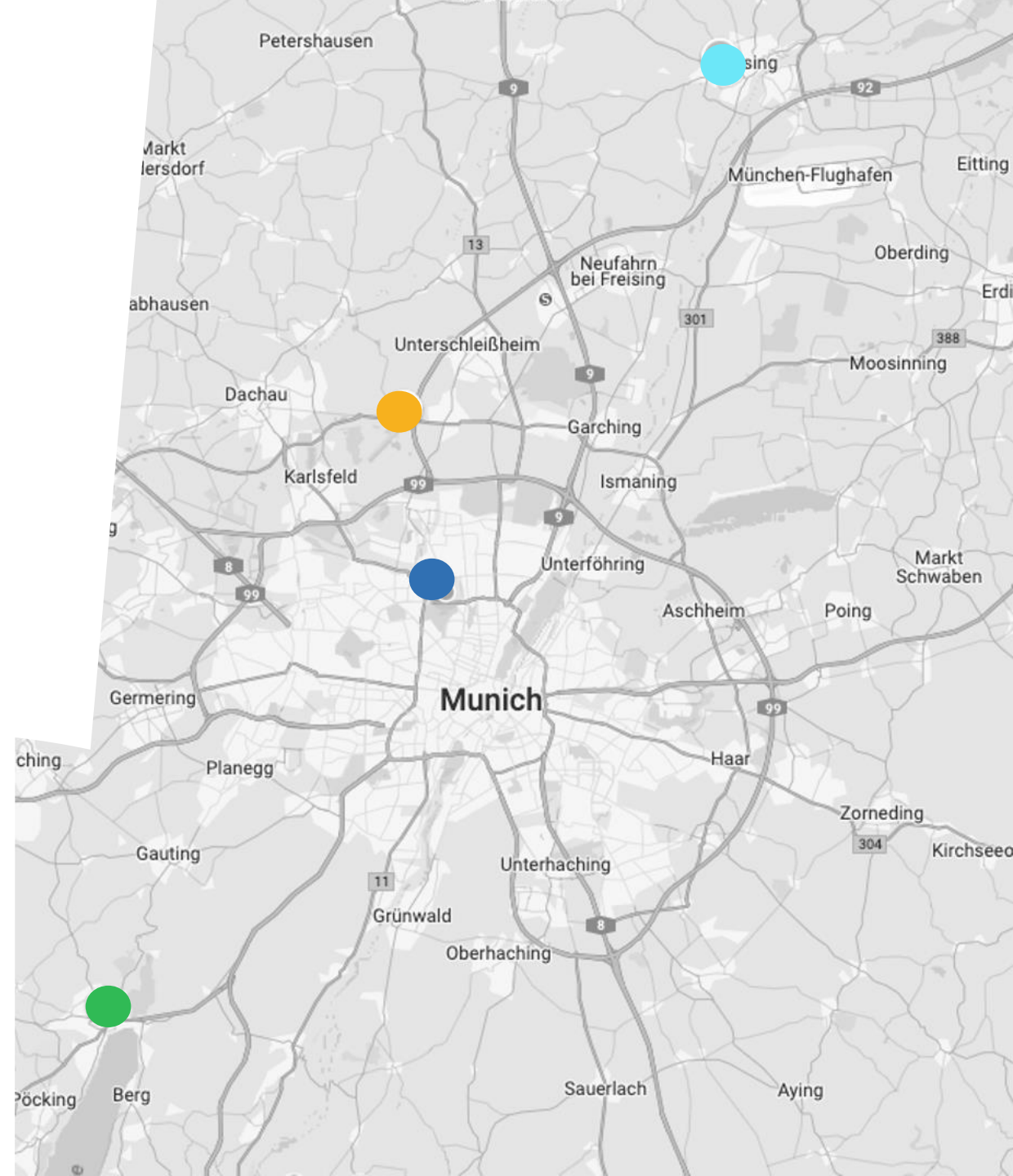
3. Watersports area Starnberger See

Water Sports

4.

4. Olympia-Regatta-Anlage in Oberschleißheim

Water Sports





ZHS Facts:

- Germany's largest university sports facility
- 600 courses in more than 100 different sports
- More than 15,000 participants per semester
- 125,000 students and 30,000 employees have **usage rights**
- A wide range of sports from 12 euros
- Competitive and recreational sports



GETTING STARTED WITH ZHS

BASIC TICKET

12 € for students

22 € for other status Groups

Is prerequisite for all other course booking as well as for booking the tickets F/ K/ B/ T

COURSES

WITH NO FURTHER COSTS

Fitnesscourses

Athletics

Free swimming

etc

WITH FURTHER COSTS

Ski sports

Mountain sports

Swimming course

etc

WITH ADDITIONAL REQUIREMENTS

F = Gym

K = Climbing

Digital Confirmation

ZHS - Zentraler Hochschulsport
München

MobileTicket



Teilnehmer*in

Name

S-LMU | 80100-3162

Angebot

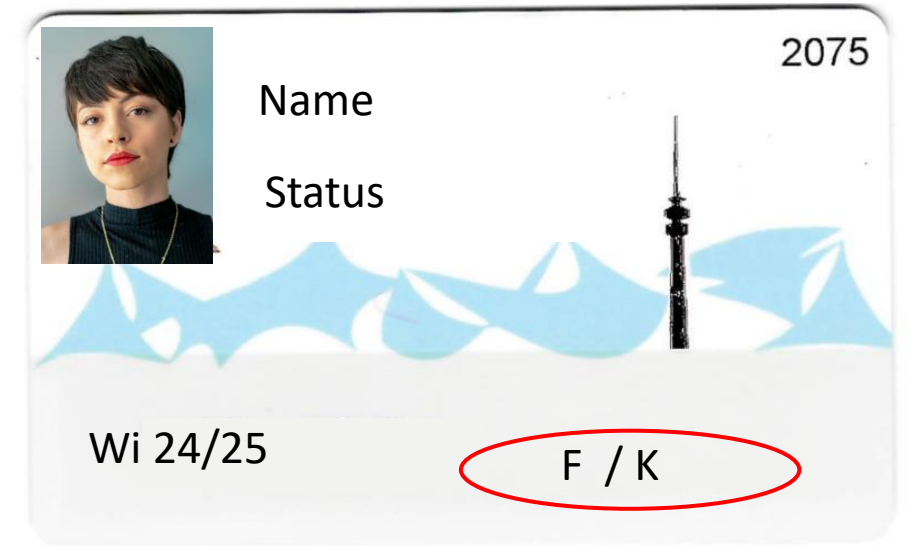
Schwimmen - Freies Schwimmen
Freies Schwimmen Sommer 2024

gültig

15.04.2024-13.10.2024

TICKETS

What ticket do I need?			
All university sports events	Basic-Ticket		
Use of the fitness studio Campus Munich	Basic-Ticket	Ticket-F	Introductory course
Use of the climbing and bouldering facilities	Basic-Ticket	Ticket_K	Climbing proof
Use of bouldering facilities only	Basic-Ticket	Ticket-B	-
Use of the fitness studio in Freising	Basic-Ticket	Ticket-T	-



Only for the **F and K ticket**, you will need the **ZHS card**. You can request one at the **ZHS-Servicepoint**, located at the Olympia Campus.





BOOK YOUR COURSE!

Date	Time	Course
1.10.2024	09:00	Basic Ticket
04.10.2024	09:00	Mountain and Climbing Sports
04.10.2024	15:00	Freising (all courses)
07.10.2024	09:00	Ball and Game Sports
07.10.2024	15:00	Gymnastics and Athletics
08.10.2024	09:00	Water Sports Indoor/Outdoor
08.10.2024	15:00	Martial Arts
09.10.2024	09:00	Fitness and Health
10.10.2024	09:00	Dance Sports
10.10.2024	15:00	Trend and Leisure Sports
11.10.2024	09:00	Workshops (Dates until Dec. 2024)
14.10.2024	09:00	Winter Sports
02.12.2024	09:00	Workshops (Dates from Jan. 2025)



Registration
start





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München

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